

Packing Checklist

BASICS

- Underwear
- Socks
- Undershirts
- Bras
- Sleepwear
- Robe

TOILETRIES

- Toothbrush
- Toothpaste (3 oz)
- Dental Floss
- Mouthwash (3 oz)
- Soap
- Washcloth
- Deodorizer
- Shampoo (3 oz)
- Conditioner
- Brush or Comb
- Styling Products
- Mirror
- Sunscreen (3 oz)
- Moisturizer (3 oz)
- Lip Balm
- Contact Lenses
- Saline Solution (3 oz)
- Shaving Supplies
- Make-up and Remover
- Birth Control/Condoms
- Feminine Hygiene
- Nail Care Products
- Hand Wipes/Tissues
- Cotton balls/swabs
- Tweezers
- Insect Repellent
- Medications
- Pain Reliever
- Vitamins
- First-aid/Band-aids
- Hand Sanitizer
- Moist Towelettes

BAGS

- Backpack/day bag
- Purses
- Collapsible Tote
- Money Belt
- Shoulder Straps
- Plastic Bags Assorted

DRESSY

- Dress Shirts
- Sweaters
- Blazers
- Slacks/Skirts
- Dresses
- Suits

CASUAL

- T-shirts
- Tank Tops
- Sweatshirts
- Jeans
- Shorts
- Swimsuit/Cover-up

OUTERWEAR

- Jackets
- Coats
- Raincoats
- Hats Gloves
- Scarves

ACCESSORIES

- Belts
- Ties
- Wristwatches
- Jewelry
- Glasses
- Sunglasses
- Reading Glasses
- Glasses Cases

FOOTWEAR

- Athletic Shoes
- Leisure Shoes
- Dress Shoes
- Sandals/flip flops
- Slippers

LAUNDRY

- Laundry Bag
- Woolite Packets
- Sewing Kit
- Stain Remover
- Clothes Line

TRAVEL AIDS

- Pleasure Reading
- Chewing Gum
- Snacks
- Earplugs
- Sleep Mask
- Travel Pillow
- Motion Sickness Remedy

TECHNOLOGY

- Cellphone and Charger
- PDA and Charger
- Laptop and Charger
- Camera and Charger
- Film or Memory Card
- Voltage Adaptors
- Batteries
- Small Flashlight
- Binoculars
- Alarm Clock
- Music Player and Headphones

FUNDS

- Wallet
- Cash
- Credit Cards
- ATM Card/PIN #

MISCELLANEOUS

- Umbrella
- House Keys
- TSA Travel Locks and Keys
- Luggage Tags
- Hospitality Gifts
- Journal

TRAVEL INFO

- Passport/Visa
- Driver's License
- Itinerary
- Maps and Directions
- Travel Confirmation
- Guide Book

DOCUMENTS

- Copies of Travel Documents
- Copies of Credit Cards
- Copies of Passports
- Credit Card Contact Info
- Emergency Contact Info
- Medical Insurance Card
- Medical History
- List of Medications
- Travel Insurance

CONTACTS

- Address Book
- Important Numbers
- Datebook
- Business Cards

WORK

- Work Documents
- Work Reading
- Office Supplies
- Notebook



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